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Kyokushinkai karate club affiliated to Ashihara Karate International. Dojos located in Diepenveen, Deventer, Zelhem and Nijverdal in the Netherlands.

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Ashihara has done a good job in marrying Japanese hard style karate with boxing. This sequel to Fighting Karate is a great reference book on the Ashihara style.

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Highlights of the founder of Ashihara Karate and his renowned students. The late Hideyuki Ashihara was credited for systematizing a style of Karate that emphasizes on

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Hideyuki Ashihara (, Ashihara Hideyuki?, December 5, 1944 April 24, 1995) was a Japanese master of karate who founded the Ashihara karate system in

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Ashihara, Hideyuki (1985). Fighting Karate. Kodansha Ltd. ISBN 0-87011-742-4. Ashihara, Hideyuki (1989). More Fighting Karate.

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Hideyuki Ashihara is the author of Fighting Karate (1.50 avg rating, 2 ratings, 0 reviews, published 1985) and More Fighting Karate (1.00 avg rating, 1 r

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Ashihara Karate, led by Karate Kaicho Hoosain Narker of South Africa, is a practical karate system based on Sabaki - Japanese Fighting Karate.

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